



**OUR LADY OF THE CRAYS RC CHURCH, CRAY VALLEY**  
**312 High Street, St Mary Cray, Kent BR5 4AR**

**Tel: 01689 821749 Email: [crayvalley@rcaos.org.uk](mailto:crayvalley@rcaos.org.uk)**  
**Website: [www.ourladyofthecrays.com](http://www.ourladyofthecrays.com)**



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**Clergy: Fr. Cyriacus Okafor**

**Private email: [cyriacusokafor@rcaos.org.uk](mailto:cyriacusokafor@rcaos.org.uk)**

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**Parish Secretary: Dominica Winter**

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**PRIMARY SCHOOLS**

**St. Philomena's**

Tel: 01689 826550  
Chelsfield Road, BR5 4AD  
Head Teacher: Miss V Maher

**St. Peter & St. Paul**

Tel: 01689 828208  
St Paul's Wood Hill, BR5 2SR  
Head Teacher: Mrs J Seymour

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**Our Lady's Pre-School - [www.ourladypreschool.net](http://www.ourladypreschool.net)**

Manager: Anne-Marie Glancy Tel: 01689 872495/ Mob: 07983 660589

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**To hire the Parish Hall for any event please contact: 01372 457651**

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**SUNDAY 18<sup>TH</sup> JULY 2021**

**SIXTEENTH SUNDAY IN ORDINARY TIME (B)**

*So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length. (Mark 6:34).*

The First Reading reprimands the inefficient shepherd and God promises to raise up the Good Shepherd from the Stock of David. The Second Reading complements this fact by portraying Jesus as the promised Messiah. The Gospel paints the classic image of Jesus as the Good Shepherd; a Shepherd that is compassionate and attentive to the spiritual and material needs of His flock. We gather two major lessons from all the readings of the day. First, as imitators of Christ, we are expected to be good shepherds in our various spheres of life, and as good shepherds, compassion and attentiveness to the needs and problems of others should take precedence over our own personal desires and needs. Second, for us to function as good shepherds, we need to have a personal relationship with Jesus through prayer and quiet contemplation.

In our society today, we tend to ignore quite often the need for prayer because of our apparent hectic schedules. Surprisingly, we have time for every other programme, but find it very unrewarding or unnecessary to commune daily with God in prayer. Let us remember that true Christian community and ministry are rooted in prayer and compassion. When we spare time for God in prayer, we can begin to appreciate more clearly, the mystery of His will in lives; we can have more reasons to live in peace with each other, to tolerate each other and to forgive and mend our broken relationships.

## **Confiteor (I Confess)**

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

## **The Gloria**

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you, we bless you, we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King, O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world, have mercy on us;  
you take away the sins of the world, receive our prayer;  
you are seated at the right hand of the Father, have mercy on us.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit, in the  
glory of God the Father. Amen**

## **LITURGY OF THE WORD**

### **First reading: A reading from the Prophet Jeremiah 23:1-6**

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them anymore; not one shall be lost – it is the Lord who speaks!

'See, the days are coming – it is the Lord who speaks – when I will raise a virtuous Branch for David, who will reign as true king and be wise, practicing honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The-Lord-our-integrity.'

**The Word of the Lord.      *Thanks be to God.***

### **Responsorial Psalm: Psalm 22(23)**

***Response: The Lord is my shepherd: there is nothing I shall want.***

The Lord is my shepherd; there is nothing I shall want.

Fresh and green are the pastures where he gives me repose.

Near restful waters he leads me, to revive my dropping spirit. **R**



He guides me along the right path; he is true to his name.  
If I should walk in the valley of darkness no evil would I fear.  
You are there with your crook and your staff;  
with these you give me comfort. **R**

You have prepared a banquet for me in the sight of my foes.  
My head you have anointed with oil; my cup is overflowing. **R**

Surely goodness and kindness shall follow me all the days of my life.  
In the Lord's own house shall I dwell for ever and ever. **R**

***Response: The Lord is my shepherd: there is nothing I shall want.***

**Second reading: A reading from the Second Letter of St. Paul to the Ephesians 2:13-18**

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God: in his own person he killed the hostility. Later he came to bring the good news of peace, *peace to you who were far away and peace to those who were near at hand*. Through him, both of us have in the one Spirit our way to come to the Father.

**The Word of the Lord.      *Thanks be to God.***

**Gospel Acclamation**

**Alleluia, alleluia!**

**The sheep that belong to me listen to my voice, says the Lord, I know them and they follow me.**

**Alleluia!**

**THE GOSPEL: A reading from the Gospel according to Mark 6:30-34**

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

**The Gospel of the Lord.      *Praise to you, Lord Jesus Christ.***

**The Nicene Creed**

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit (*all bow*) was incarnate of the Virgin Mary, and became man.**

**For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

### **THE LITURGY OF THE EUCHARIST**

Pray brothers and sisters, that my sacrifice and yours may be acceptable to God, the Almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

#### **SANCTUS**

##### **English**

**Holy, Holy, Holy Lord of God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

##### **Latin**

***Sanctus, Sanctus, Sanctus  
Dóminus Deus Sábaoth***

***Pleni sunt caeli et terra glória tua.***

***Hosána in excélsis.***

***Benedíctus qui venit in nómine  
Dómini.***

***Hosána in excélsis.***

We shall pray **Preface VI of Sunday in Ordinary Time** and say **Eucharistic Prayer III**

#### **The Mystery of Faith**

**When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.**

##### **English**

**Lamb of God, who takes away the sins of the world, have mercy on us.**

**Lamb of God, who takes away the sins of the world, have mercy on us.**

**Lamb of God, who takes away the sins of the world, grant us peace.**

##### **Latin**

***Agnus Dei, qui tolis peccata  
mundi, miserere nobis.***

***Agnus Dei, qui tolis peccata  
mundi, miserere nobis.***

***Agnus Dei, qui tolis peccata  
mundi, dona nobis pacem.***

***O Sacrament most Holy, O Sacrament Divine,  
All praise and all thanksgiving, be every moment thine (x 3)***

**Hail Holy Queen: Hail, Holy Queen, Mother of Mercy. Hail our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious Advocate, thine eyes of mercy**

**towards us and after this our exile, show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.**

**Priest:** Pray for us, O Holy Mother of God;

**People:** That we may be made worthy of the promises of Christ.

**Priest:** Let us pray:

**O God, whose only-begotten Son, by his life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech you, that meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.**

### **Readings For The Week Ahead:**

	<b>1<sup>st</sup> Reading</b>	<b>Psalm</b>	<b>Gospel</b>
<b>19/07/21</b>	Exodus 14:5-18	Exodus 15:1-6	Matthew 12:38-42
<b>20/07/21</b>	Exodus 14:21-15:1	Exodus 15	Matthew 12:46-50
<b>21/07/21</b>	Exodus 16:1-5,9-15	Ps 77(78):18-19,23-28	Matthew 13:1-9
<b>22/07/21</b>	Song of Songs 3:1-4	Ps 62(63):2-6,8-9	John 20:1-2,11-18
<b>23/07/21</b>	Galatians 2:19-20	Ps 33(34):2-11	John 15:1-8
<b>24/07/21</b>	Exodus 24:3-8	Ps 49(50):1-2,5-6,14-15	Matthew 13:24-30



## **PARISH INFORMATION AND FAITH NEWS**

**Covid-19 Precautions (from 31<sup>st</sup> July):** As you will know, the Government has announced that the majority of the legal restrictions related to the Covid-19 pandemic will be lifted from the 19<sup>th</sup> of July. However, with the virus still present, it is sensible to take precautions to limit its spread. We are confident that our parishioners will show their usual consideration for others by respecting our new guidelines, which will come into effect from the 31<sup>st</sup> of July.

- Please do not come to the church if you are suffering from any illness that you can pass on to others.
- For the time being, face coverings will remain mandatory in the church.
- You should continue to sanitize your hands on entry and exit.
- The booking system will remain in place in order to keep a record of those attending Mass. If you have not booked a place, you should go to the hall to be checked in.
- There will no longer be a seating plan, so you can find your own seat. All pews will be available; however, we do not want them to be overcrowded. For example, if a couple is already seated in one of the longer pews, no more than four people should sit together at the opposite end of the pew. The maximum capacity of the shorter pews is three people. Larger families should arrive in time to find a pew for their sole use.
- The use of stewards will be reduced in line with these changes. However, this means that we will need volunteers to clean the church after each Mass.
- We will continue to keep doors and windows open to ensure good ventilation.
- You should enter by the main door, but you can now leave the church via the nearest exit, including the main door.
- Kneeling is now permitted, but you should be aware if the person sitting in front of you is unable to kneel.
- We are resuming the Sign of Peace for the congregation, but please limit yourself to a nod to your neighbours. Do not shake hands.

- Congregational singing will resume.
- Holy Communion will continue to be given in the hand.
- The font will remain empty for the time being.

**Parish Thanksgiving Day:** We are pleased to let you know that we will be holding our Parish Thanksgiving Day on Sunday 19th September. This celebration will incorporate all the multicultural days that we've been unable to mark for so long. Please put the date in your diaries and look out for more information in the coming weeks.

**Confirmation Programme:** We are hoping to begin the programme of preparation for the Sacrament of Confirmation in September. If your child is in Year 8 or above and is a practising member of our Parish, please email the Parish Office for an application form.

**Eucharistic Minister/Readers Rota:** As we approach some level of normality, we would like to re-introduce the rotas for Eucharistic Ministers and Readers at the weekend Masses. If you were previously on the rotas and are unable to resume your ministry at this time, please let the Parish Office know. Thank you.

**Foundation Governors:** St. Philomena's Catholic Primary School are looking for Foundation Governors to join their Board of Governors.

- Could you spare a few hours a month?
- Do you want to be part of a strategic team to help develop a school?
- Do you have a financial, educational, strategic, HR, PR or legal background, or just a desire to help shape the future of the children in our community?

This is a fulfilling role that isn't without its challenges. Governors work together as a team to ensure an outstanding standard of education is being achieved. Being a governor is an opportunity to develop the skills you have and to improve the futures of children today. If you are interested, you can email the Chair of Governors, Mags Fairhall on [mfairhall4.305@lgflmail.org](mailto:mfairhall4.305@lgflmail.org) or speak to one of the Governors after Mass next weekend.

**Parish Safeguarding:** The Safeguarding Department at the Archdiocese has revised the requirements for Disclosure and Barring Service (DBS) checks among parish volunteers. This means that some volunteers who have not needed a DBS from this church before, may now require one. If this is the case, you will be contacted by either the Parish Office or the Parish Safeguarding Team in the next few weeks. As part of the project, those with existing DBS forms will need them to be checked. As we are blessed with a large group of volunteers in our Parish, this will be quite a time-consuming project and we appreciate your assistance in completing it. If you have any questions, please feel free to speak to Fr. Cyriacus.

**Exposition of the Blessed Sacrament:** The Blessed Sacrament will be exposed before the Wednesday evening and Friday morning Masses.

**July Birthdays.** On the weekend of 24<sup>th</sup>/25<sup>th</sup> July, we will be celebrating all those whose birthday falls in the month of July. If your name is not already on the list in the foyer, please email the Parish Office.

**Financial Support of the Parish:** Despite the ongoing disruption caused by the pandemic, we still have to meet the costs of running the Parish. If you are able, there are several ways to support our parish financially.

- You can set up a regular standing order, by contacting our Finance Secretary on [david.philip@btinternet.com](mailto:david.philip@btinternet.com)

- You can donate via the Parish Just Giving Page, by using the following link [www.justgiving.com/fundraising/Craysparish](http://www.justgiving.com/fundraising/Craysparish), using the Donate button on our website or scanning the QR code on this page.
- If you are a UK taxpayer, you can join the Gift Aid scheme. This will increase the total of your donation by 25%, at no extra cost to you. Further details regarding this scheme can be obtained from David Philip on the email shown above.



Thank you for your generosity.

**Pre-Booking For Weekend Masses:** In order to manage the number of people in the Church, please book your place at weekend Masses using one of the following methods.

**If you have access to the internet** – search for 'Eventbrite OLOC London' or use the link <https://www.eventbrite.co.uk/d/united-kingdom--london/oloc/> and you will be able to book a place.

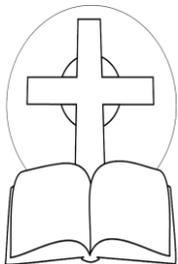
**If you do NOT have access to the internet** – please call the dedicated booking phone line on 07783 648613 and leave your full name, phone number, details of the Mass you wish to attend and the number of places you require.

**Bromley Food Bank:** If you would like to contribute to the Bromley Food Bank, you can leave bagged donations in the Church foyer. Please visit their website [www.bromleyborough.foodbank@org.uk](http://www.bromleyborough.foodbank@org.uk) for a list of current requirements.



### REQUEST FOR PRAYER FOR THE SICK AND THE HOUSEBOUND

Please continue to pray for: Roddy Kwaku Koranteng-Addo, Alison Hannah, Eleanor Smith, Monica Gallagher, P. J. Connor, Mary Stanley, Janet Sinclair, Peggy Colman, Marya Misajat, Sheila Santos, Denis O'Donoghue, Paddy (Patrick) Quinlan, Jeanette Miller-Spice, Jeanne Allen, Ivan Muir-Clark, Mary Hayes and all the Sick Clergy of the Diocese and the housebound of the Parish.



### BOOK OF REMEMBRANCE – NAMES FOR JULY

We remember in our prayers: Miriam Kamyra, Elizabeth Adams, Ellen Parsons, Abosede Shoyombo, Cedric Hannah, Mary Ellen Grealis, Alice Pritchard, Patrick Groves, Mary Waddingham, Jim Downes, Marie Celeste Baker, Eileen Dwane, Bernard Cusack, Dominic Fernandes, Hilda Abbott, Kathleen O'Brien, Harry Downes, Thomas Anderson, Patricia Shannon, Elliot Orodu, Joseph Alagba, Abosede Mann, Eileen Telesin, Appollonia Isiofin, Frank John Trebisoni, Ifanahiola Calista, Ebere Mere, Maglo Netto, Yolande Bourher, Attina Rogers, Colin Netherrot, Lucy Mruajog-wa, Ada Kale, Benson Adelaja, Annie Ongal, Nicholas Ifebajo, Karoline Egwenu, Alan Stuart and Grace Musami.

## DIARY FOR THE WEEK

<p><b>Sun: July 18: Sixteenth Sunday (B)</b>          6.00pm (Sat. Vigil): Parish Stewards / Volunteers, GB          9.00am Mass: Brian Glancy, RIP          11.00am Mass: Osariemen Ehiosun, BT  <i>(11am Mass Livestreamed &amp; available on YouTube)</i></p>	<p><b>Sat: July 24: Vigil of Seventeenth Sunday (B)</b>  <b>11am: Baptism of Vinnie and Bernie Hamill</b>  <b>12pm: Baptism of Noah Rimando</b>          5.15pm – 5.45pm: Confessions          6.00pm Mass: Chas Holohan and Bernard Cusack, RIP</p>
<p><b>Mon: July 19: Feria</b>  <b>Private Mass:</b> Holy Souls  <b>Tues: July 20: No Mass</b>  <b>Wed: July 21: Feria</b>  <b>6.45pm: Exposition of the BI Sacrament</b>          7.30pm: Joanna, Mason &amp; Zak, GB  <b>Thu: July 22: St. Mary Magdalene, Feast</b>  <b>Private Mass:</b> Jane Hair, BT  <b>Fri: July 23: St. Bridget, Religious, Patron of Europe (Feast)</b>  <b>8.45am: Exposition of the BI Sacrament</b>          9.30am: Irene Williams, BT</p>	<p><b>Sun: July 25: Seventeenth Sunday B</b>          9.00am Mass: Nancy Browne, BT          11.00am Mass: Pro Populo  <i>(11am Mass Livestreamed &amp; available on YouTube)</i></p> <p><b>Note:</b> SI means Special Intention          SR means Speedy Recovery          BI means Blessed          GB means God's Blessings          WB means Well-Being          TG means Thanksgiving          PI means Private Intentions          BT means Birthday Thanksgiving          WA means Wedding Anniversary          Pro Populo: People of the Parish  <b>Private Mass:</b> Mass to be said by the Priest alone</p>
<p><b>Exposition of the Blessed Sacrament:</b> Starts at 6.45pm on Wednesday and 8.45am on Friday</p>	

### CONTACT & FOLLOW US

Website: <http://www.ourladyofthecrays.com/>

**Live streamed & past masses, YouTube channel 'crays parish':**

[https://www.youtube.com/channel/UCc8\\_cbY24GvwEqXZHGA1eOg](https://www.youtube.com/channel/UCc8_cbY24GvwEqXZHGA1eOg)

**Free reservation for weekend masses:**

<https://www.eventbrite.co.uk/d/united-kingdom--london/oloc/>

**SVP Emergency No: 07598 347602/ Email SecretaryA190213@svp.org.uk**