



OUR LADY OF THE CRAYS RC CHURCH, CRAY VALLEY
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PRIMARY SCHOOLS

St. Philomena's

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Head Teacher: Miss V Maher

St. Peter & St. Paul

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St Paul's Wood Hill, BR5 2SR
Head Teacher: Mrs J Seymour

Our Lady's Pre-School - www.ourladypreschool.net

Manager: Anne-Marie Glancy Tel: 01689 872495/ Mob: 07983 660589

To hire the Parish Hall for any event please contact: 01372 457651

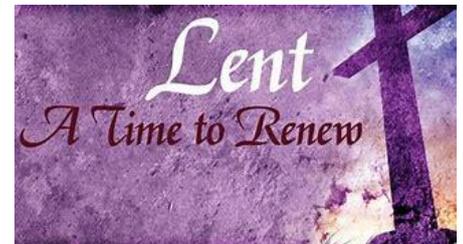
SVP Emergency No: 07598 347602/SVP Email: SecretaryA190213@svp.org.uk

SUNDAY 21ST FEBRUARY 2021

FIRST SUNDAY OF LENT (B)

Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water'.... That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ.... (1 Peter 3:20-21)

The three readings for this Sunday are linked by this central theme: destruction of the old world ruled by sin and the dawn of a new world. Precisely, the First reading presents the destruction of the old world-order and the restoration of the new order through the story of the Flood. The Narrative of the Flood signals the purification of the world of sin, which gives rise to a new people of God. The Second Reading takes up the theme of the Flood and applies it to Baptism, the Sacrament that marks the birth of a new person, and purges him/her from the stain of Original sin. The Gospel completes this picture by presenting Christ's triumph over temptation and sin, initiating as it were, the dawn of the New era.



It is really interesting that Mark did not concentrate on giving us the full details of Jesus' temptation as chronicled in Matt.4:1-11 and Luke 4:1-13. The simple reason could be that Mark was more interested in Jesus getting down to business: The time is fulfilled, the kingdom of God is at hand; repent and believe the Gospel (Mark 1:15). How do we begin the reign of this new world order in our lives? The answer to this question above is summarised in the words of Jesus today: repent and believe the Gospel. As we continue our spiritual journey in this Lenten season, may God give us the grace of repentance and the fortitude to be faithful to our Lenten resolutions.

CONFITEOR (I Confess)

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

LITURGY OF THE WORD

First reading: A reading from the Book of Genesis 9: 8-15

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'



God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

The Word of the Lord.

Responsorial Psalm: Psalm 24: 4-6,7b-9

Response: Your ways, Lord, are faithfulness and love for those who keep your covenant.

Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my saviour. **R**

Remember your mercy, Lord,
and the love you have shown from of old.
In your love remember me,
because of your goodness, O Lord. **R**

The Lord is good and upright.
He shows the path to those who stray,
He guides the humble in the right path,
He teaches his way to the poor. **R**

Second reading: A reading from the First Letter of St. Peter 3: 18-22

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of

eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

The Word of the Lord.

GOSPEL ACCLAMATION

Praise to you, O Christ, king of eternal glory!

Man does not live on bread alone, but on every word that comes from the mouth of God.

Praise to you, O Christ, king of eternal glory!

THE GOSPEL: A reading from the Gospel according to Mark 1: 12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord.

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit (*all bow*) was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

THE LITURGY OF THE EUCHARIST

Pray brothers and sisters, that my sacrifice and yours may be acceptable to God, the Almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

SANCTUS

English

Holy, Holy, Holy Lord of God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Latin

Sanctus, Sanctus, Sanctus

Dóminus Deus Sábaoth

Pleni sunt caeli et terra glória tua.

Hosána in excélsis.

Benedíctus qui venit in nómine Dómini.

Hosána in excélsis.

We shall pray **Preface I of Lent** and say **Eucharistic Prayer III**

THE MYSTERY OF FAITH

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

English

Lamb of God, who takes away the sins of the world, have mercy on us.

Lamb of God, who takes away the sins of the world, have mercy on us.

Lamb of God, who takes away the sins of the world, grant us peace.

Latin

Agnus Dei, qui tolis peccata mundi, miserere nobis.

Agnus Dei, qui tolis peccata mundi, miserere nobis.

Agnus Dei, qui tolis peccata mundi, dona nobis pacem.

***O Sacrament most Holy,
O Sacrament Divine,
All praise and all thanksgiving,
Be every moment thine x 3***

Hail Holy Queen: Hail, Holy Queen, Mother of Mercy. Hail our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious Advocate, thine eyes of mercy towards us and after this our exile, show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.

Priest: Pray for us, O Holy Mother of God;

People: That we may be made worthy of the promises of Christ.

Priest: Let us pray:

O God, whose only-begotten Son, by his life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech you, that meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

An Act of Spiritual Communion Prayer: *"My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul.*

Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen”.

Readings For The Week Ahead:

	1st Reading	Psalm	Gospel
22/02/21	1 Peter 5:1-4	Ps 22(23)	Matthew 16:13-19
23/02/21	Isaiah 55:10-11	Ps 33(34):4-7,16-19	Matthew 6:7-15
24/02/21	Jonah 3:1-10	Ps 50(51):3-4,12-13,18-19	Luke 11:29-32
25/02/21	Esther 4:17	Ps 137(138):1-3,7-8	Matthew 7:7-12
26/02/21	Ezekiel 18:21-28	Ps 129(130)	Matthew 5:20-26
27/02/21	Deuteronomy 26:16-19	Ps 118(119):1-2,4-5,7-8	Matthew 5:43-48



PARISH INFORMATION AND FAITH NEWS

CAFOD: The **CAFOD Family Fast Day** takes place this Friday, the 26th of February. We are asked to pray, fast and donate; reflecting on the most vulnerable in the world who do not have ready access to clean, safe water.

The man in the poster and on the envelope is Abdella. He lives in an extremely remote and mountainous part of Ethiopia. It takes him ten hours a day to collect water. He says his life is being wasted as he has no time for anything else. A short film showing his daily trek for water is available at cafod.org.uk/lent and on the Parish website.

Next weekend the second collection will be your donation to this global problem. You can also donate on line at cafod.org.uk/give or via text. Text LENT to 70460 to donate £10 (If you wish to donate £10, but do not wish to receive marketing communications, text LENTNOINFO to 70460).

Stations of the Cross: As we are unable to gather for Stations of the Cross in the church this year, you are encouraged to follow Christ's journey to Calvary in your own homes. Please collect a booklet from the stewards.

Funeral: The funeral service of the late Dennis Corr will take place at Our Lady of the Crays on Thursday 25th February at 12.30pm, followed by committal at Eltham Crematorium. Unfortunately, due to Covid-19 restrictions, attendance is limited to family only. We condole with his family and pray for the eternal repose of his soul.

February Birthdays: On the weekend of the 27/28th February, we will be celebrating those whose birthday falls in the month of February. If your birthday is not already on the list in the foyer, please email the parish office so that your name can be added.

Keys and Altar Linen: We are reviewing the list of all the church keys. Please email the Parish Office to let us know if you have keys for any part of the church building.

On a similar note, if you have any altar linen in your house, would you please let the office know.

Pre-Booking For Weekend Masses: Thank you for continuing to pre-book your places at Mass. Booking is open for regular weekend Masses a week in advance, so please book early using the methods shown below. Also, if you have booked and are subsequently unable to attend any Mass, remember to cancel your spaces so that they can be released to other parishioners. You do not need to book for weekday Masses.

If you have access to the internet – search for 'Eventbrite OLOC London' or use the link <https://www.eventbrite.co.uk/d/united-kingdom--london/oloc/> and you will be able to book a place.

If you do NOT have access to the internet – please call the dedicated booking phone line on 07783 648613 and leave your full name, phone number, details of the Mass you wish to attend and the number of places you require.

Parish Safety Measures: Please take time to read

- Please book your place at Mass.
- Do not come to the church if you have any symptoms of Covid-19.
- Temperature checks will be carried out before you enter the church. If you have an elevated temperature, please do not come to the church.
- Proper use of a facial mask/face covering is mandatory in the Church. Please come with your own face covering.
- Sanitize your hands on entering and exiting the church.
- Stewards will direct you to receive Communion or a blessing and at the end of Mass. Please remain in your pew at all other times.
- Kneeling is not permitted to maintain social distance.
- We are obliged to keep doors and windows open during Mass for ventilation, so please wear warm clothing during the colder months.

Financial Support of the Parish: Despite the disruption caused by the current pandemic, the parish still has financial outgoings. If you are able, there are several ways to support our parish financially.

- You can set up a regular standing order, by contacting our Finance Secretary on david.philip@btinternet.com
- You can donate via the Parish Just Giving Page, by using the following link www.justgiving.com/fundraising/Craysparish, using the Donate button on our website or scanning the QR code on this page.
- You can drop your usual offering in an envelope through the door of the Presbytery.



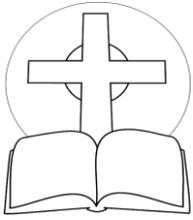
Thank you for your generosity.

Food Bank: If you are able to donate any food to our local food bank, you can place items in the box in the porch. We will then take them to Bromley Foodbank's warehouse where they will be distributed to those in need. The list below shows what the food bank is currently in most need of and what they have plenty of.

Currently required	
Tinned vegetables (particularly carrots)	Longlife Fruit Juice (Urgent)
UHT Milk (Urgent)	Desserts
Cold Meat (not chilled)	Shaving Gel and Razors
Not currently required	
Pasta and rice	Toilet rolls
Beans	Soup
Cereal	Tea
Please do not donate chilled products because the warehouse does not have refrigerators	

REQUEST FOR PRAYER FOR THE SICK AND THE HOUSEBOUND

Please continue to pray for: Alison Hannah, Mario Angeli, Eleanor Smith, Monica Gallagher, P. J. Connor, Mary Stanley, Janet Sinclair, Peggy Colman, Marya Misajat, Sheila Santos, Denis O'Donoghue, Paddy (Patrick) Quinlan, Jeanette Miller-Spice, Jeanne Allen, Ivan Muir-Clark, Mary Hayes and all the Sick Clergy of the Diocese and the housebound of the Parish.



BOOK OF REMEMBRANCE – NAMES FOR FEBRUARY We remember in our prayers: Anthony Lobo, Vincent Rudolph, Peter Herbert Spink, Kath Sheffield, Rosalind Flusorio, Mary Saggars, Michael Moran, William Gudge, Tommy Glancy, Jorge De Sá Almeida, Isobel Philip, John Faithfull, Rosa Laurence, Diana Sandra Andrew, Kathleen Gudge, Sarah Sheridan, Frederick Alphonsus Vereker, Reg Luckhurst, Antonia Hopkins, Hamilton Gracias, Mark Riley, Mary O Shea, Beatrice Lilian Murray, Anne Agnes O'Neill, Eileen Fuller, Boniface Mere, Alice Morrissey, Terence Thomas Clono, Anna Maria West, Michael Patrick Wellard, Ann Ward, Winifred Maud Vannaci, Kenneth Jonson, Freda May Perrette, Norah Louisa Smyth, Bernard Joseph Kullet, Patrick Conney, Cath Smith, Mary McNally, Elsie Palmer and Elizabeth Liddell.



LENTEN REFLECTION

Lent is really a time to focus on who we are, and so the Gospel today is very significant for us. Jesus spent six weeks in the desert, free from all distraction, in order to discover who He was. Thus, in this Season, we are called to intensify our prayer life, to give alms to the poor, the less privileged and our needy neighbours. The benefits arising from this work of mercy are summarised in the sermon of Pope Leo the Great: "It follows that, if a man shows love to those in any sort of misery, he himself is blessed, he possesses the virtue of charity, and he is at peace". These forty days should also be given over to fasting, which means, not simply a reduction in our food consumption, but the elimination of our evil habits. Let our fasting during this season have substitution effect, and this is summarised in the Lenten prayer by William Arthur Ward:

Fast from fear; Feast on Faith.

Fast from despair; Feed on hope.

Fast from discontent; Feed on gratitude.

Fast from anger and worry; Feed on patience.

Fast from negative thinking; Feast on positive thinking

Fast from bitterness; Feed on love and forgiveness

Fast from words that wound; Feast on words that heal.

DIARY FOR THE WEEK

<p>Sun: Feb.21: First Sunday of Lent (B)</p> <p>6pm Mass (Sat. Eve): Kenneth Jonson & Mary O'Shea, RIP</p> <p>9.00am Mass: Pro Populo</p> <p>11.00am Mass: Rose McLaughlin, RIP</p> <p>(11am Mass Livestreamed & available on YouTube)</p>	<p>Sat: Feb.27: Vigil of Second Sunday of Lent (B)</p> <p>5.15pm-5.45pm: Confessions</p> <p>6pm Mass: Mary McNally, RIP</p>
<p>Mon: Feb.22: The Chair of St. Peter the Apostle (Feast)</p> <p>Private Mass: Holy Souls</p> <p>Tues: Feb.23: Feria</p> <p>Private Mass: Holy Souls</p> <p>Wed: Feb. 24: Feria</p> <p>6.45pm: Exposition of the Blessed Sacrament</p> <p>7.30pm: Ged Scarry, RIP</p> <p>Thu: Feb.25: Feria</p> <p>12.30pm: Funeral Service of Dennis Corr</p> <p>Fri: Feb.26: Feria</p> <p>8.45am: Exposition of the Blessed Sacrament</p> <p>9.30am: Dennis Corr, RIP</p>	<p>Sun: Feb.28: Second Sunday of Lent (B)</p> <p>9.00am Mass: Pro Populo</p> <p>11.00am Mass: Ngobese Family, TG</p> <p>(11am Mass Livestreamed & available on YouTube)</p> <p>Note: SI means Special Intention SR means Speedy Recovery Bl means Blessed GB means God's Blessings WB means Well-Being TG means Thanksgiving PI means Private Intentions BT means Birthday Thanksgiving WA means Wedding Anniversary Pro Populo: People of the Parish Private Mass: Mass to be said by the Priest alone</p>
<p>Exposition of the Blessed Sacrament: Starts at 6.45pm on Wednesday and 8.45am on Friday</p>	

CONTACT & FOLLOW US

Website: <http://www.ourladyofthecrays.com/>

Live streamed & past masses, YouTube channel 'crays parish':

https://www.youtube.com/channel/UCc8_cbY24GvwEqXZHGA1eOg

Free reservation for weekend masses:

<https://www.eventbrite.co.uk/o/our-lady-of-the-crays-rc-church-30431030458>